



# Donna Zander & Associates 2020 Training Calendar

Trauma, Family Violence, Child Abuse, Play Therapy, Private Practice

*Make 2020 your year to learn from us to reclaim and revitalise your practice!*



Donna Zander is an Accredited Mental Health Social Worker with the Australian Association of Social Workers (AASW), Associate Member A.P.S., Accredited Play Therapist (AAPTA). She has expertise in trauma, child abuse and family violence and working therapeutically with infants, children, women, couples and families. She has worked in this field for over 30 years both as a professional and a volunteer. Donna has a history of developing high quality training programs for the Domestic Violence Resource Centre Vic., Australian Childhood Foundation and Post Trauma Victoria. Donna's personalised, energetic and dynamic presentation style sees her services as a keynote speaker and facilitator are in great demand both nationally and overseas including in Bougainville, New Guinea at the Nazareth Rehabilitation Centre; Isreal facilitating Gottman Method at the 2017 Marriage and Family Therapy Conference and; recently in Fiji for our first Conferencc 'Come Play With Me Fiji 2018'.

**Advanced P.L.A.Y.  
'Let's Get Physical!' - Music & Movement, Drama & Dance in Transforming Trauma**  
Friday 28<sup>th</sup> of February – Melb, Aus  
with panel of experts

**“Unlocking Childhood Trauma!” - Keys to Transforming the Body and Mind**  
Thursday 5<sup>th</sup> of March – Melb, Aus

**“Between a Rock & a Hard Place” – Parenting after Trauma**  
Friday 8<sup>th</sup> of May – Melb, Aus

**Trauma & Disability**  
Thursday 21<sup>st</sup> - Friday 22<sup>nd</sup> of May – Melb, Aus

**The Roller Coaster Ride Of Private Practice!**  
Saturday 30<sup>th</sup> of May – Melb, Aus  
with panel of experts

**Unlocking Complex Trauma in Adults Traumatised as Children- Keys to Transforming the Mind, Brain and Body!**  
Thursday 25<sup>th</sup> of June – Melb, Aus

**Creating the New Dream! - Treating the Trauma of Domestic & Family Violence - A Feminist, Strengths Based, CBT Approach**  
Thursday 23<sup>rd</sup> - Friday 24<sup>th</sup> of July – Melb, Aus

**Unlocking Infant and Early Childhood Trauma!**  
Thursday 30<sup>th</sup> - Friday 31<sup>st</sup> of July – Melb, Aus

**Trauma Informed Care – Creating Sanctuary for the S.E.L.F**  
Friday 28<sup>th</sup> of August – Suva, FIJI  
Monday 7<sup>th</sup> of September – Melb, Aus

**Unlocking Trauma via P.L.A.Y.- “Play, Laughter, Art, Animals & You!”**  
Wednesday 16<sup>th</sup> – Thursday 17<sup>th</sup> of September – Melb, Aus  
with panel of experts

**‘Let’s Beat Counting Sheep!’- Conquering Sleep Post Trauma**  
Thursday 22<sup>nd</sup> - Friday 23<sup>rd</sup> of October – Melb, Aus

**Unlocking Trauma- 'Keys to Exposing Exposure Therapy and C.B.T.'**  
Thursday 12<sup>th</sup> - Friday 13<sup>th</sup> of November – Melb, Aus

**Thursday 3<sup>rd</sup> - Friday 4<sup>th</sup> of December**  
– Adelaide, Aus

**Taming Traumatic Anger**  
Friday 27<sup>th</sup> of November – Melb, Aus

Donna also provides customised training and personal supervision.

Cost (AUD): 1 x Day \$250 or \$230 for AASW, APS & APPTA Members/Students

Cost (AUD): 2 x Days \$460 or \$440 for AASW, APS & APPTA Members/Students

Online secure registration and further information can be found by visiting: [www.donnazanderandassociates.com.au](http://www.donnazanderandassociates.com.au)

Phone: 0411 399 747 - Email: [donnazander@optusnet.com.au](mailto:donnazander@optusnet.com.au)

Cost Includes: GST, Lunch, Morning & Afternoon Teas, Training Material and USB. All Melbourne workshops are in CBD

