



Donna Zander & Associates

2024 Training Calendar

Trauma, Family Violence, Child Abuse, Play Therapy, Private Practice

Grow Your Team with Our Expert Professional Development!



Donna Zander is an Accredited Mental Health Social Worker with the Australian Association of Social Workers (AASW), Associate Member APS, and Accredited Play Therapist (AAPTA). She has expertise in trauma, child abuse and family violence, and in working therapeutically with infants, children, women, couples, and families. She has worked in this field for over 35 years both as a professional and a volunteer. Donna has a history of developing high quality training programs for the Domestic Violence Resource Centre Victoria, Australian Childhood Foundation, and Post Trauma Victoria. Donna's personalised, energetic, and dynamic presentation style sees her services as a keynote speaker and facilitator in great demand both nationally and overseas including Bougainville, New Guinea; Nazareth Rehabilitation Centre, Israel (facilitating Gottman Method at the 2017 Marriage and Family Therapy Conference); and Fiji for our Conference 'Come Play with Me Fiji 2018.'

Introduction to Sandtray and Water Play Therapy

*Dr. Joanne Wicks (Play Away)
& Donna Zander*

29th February - 1st March

Melbourne, Vic

4th - 5th March

Perth, WA

Unlocking Complex Trauma in Adults Traumatized as Children - Keys to Transforming the Mind, Brain and Body!

10th - 11th October

Melbourne & Zoom

'Let's Beat Counting Sheep!' - Conquering Sleep Post Trauma

6th - 7th June

Broome, W.A. & Zoom

Unlocking Trauma – 'Keys to Exposing Exposure Therapy and C.B.T.'

12th – 13th November

Melbourne & Zoom

'Unlocking Childhood Trauma!' - Keys to Transforming the Body and Mind

19th June

Melbourne & Zoom

*Donna also provides professional
supervision and coaching, and
customised training. These include:*

Taming Traumatic Anger

*'Unlocking Childhood Trauma!' -
Keys to Transforming the Body and
Mind*

*'Let's Beat Counting Sheep!' -
Conquering Sleep Post Trauma*

*'The Roller Coaster Ride of Private
Practice!'*

*Unlocking Trauma via P.L.A.Y.-
'Play, Laughter, Art, Animals &
You!'*

*Let's Get Physical! Advanced
'P.L.A.Y.': Music & Movement,
Dance & Drama*

Unravelling Complex Mental Health & Disability

9am - 1pm, 21st – 22nd August

Melbourne & Zoom

More detailed information of workshop content can be found online, with secure registration, by visiting:

www.donnazanderandassociates.com.au

Phone: 0411 399 747 - Email: info@donnazanderandassociates.com.au

Cost (AUD): 1 x Day \$250 to \$230

Cost (AUD): 2 x Half Days \$250 to \$230

Cost (AUD): 2 x Days range from \$440 to \$650

Cost Includes: GST, Lunch, Morning & Afternoon Teas (in-person only), Training Material and USB.